

* Academic activities











கடிதம்'25 NEWSLETTER

JULY TO SEPTEMBER 2025



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Phase III MBBS Student

WHAT'S INSIDE?

Awards and achievements

Academic Activities

3 Publications

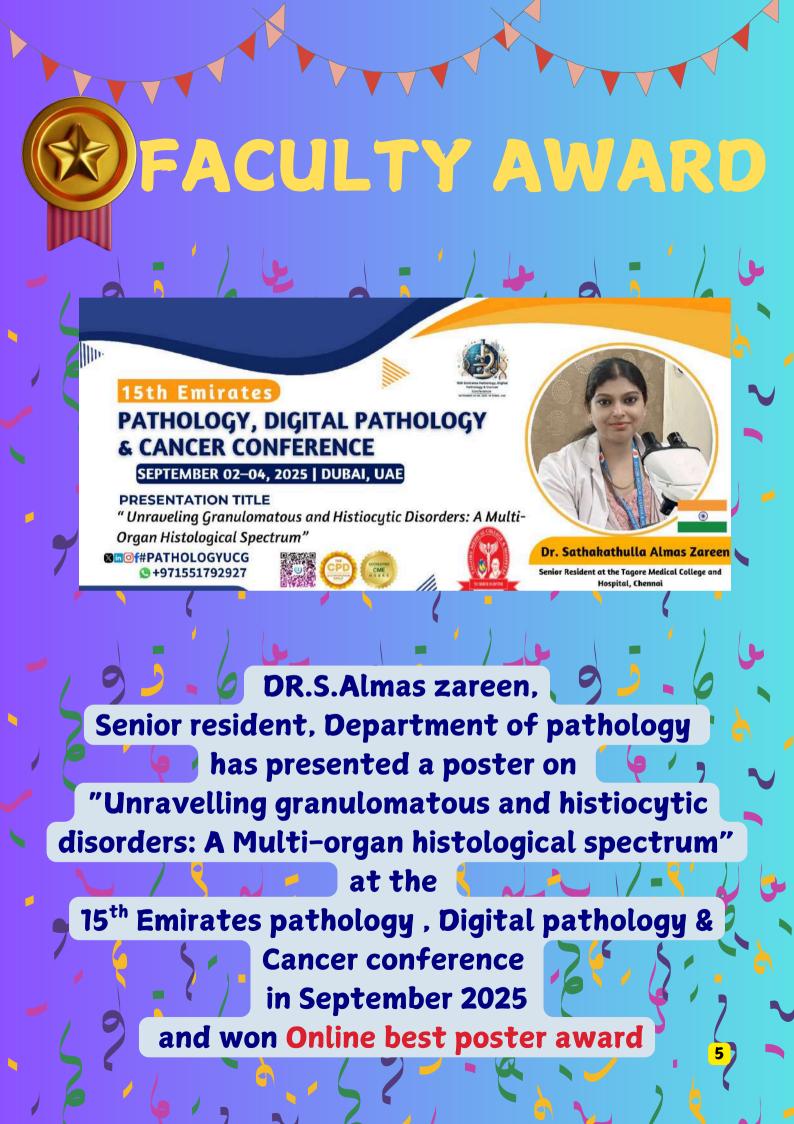
4 Celebrations



TAGORE DICAL COLLEGE & HOSPI

AWARDS







STUDENT ACHIEVEMENT







Dr.Monish Sudhan Selladurai
Final year Post Graduate
Department of Orthopaedics
Awarded with 1st PRIZE in
FREE PAPER PRESENTATION in
TNOA MID-YEAR CON-2025
19-20 July 2025 at Trichy



DEPARTMENTAL ACTIVITIES

DEPARTMENT OF PATHOLOGY

BLOOD DONATION CAMP

@ HCL, Shollinganallur



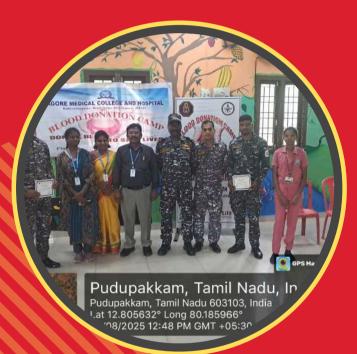
11-07-2025



DEPARTMENT OF PATHOLOGY

BLOOD DONATION CAMP

@ INS Pallava, Pudhupakkam.



08-08-2025



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18/2025 12:16 PM GMT +05:30

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DEPARTMENT OF PATHOLOGY

BLOOD DONATION CAMP

@ Tagore arts and science college



12-08-2025



BLOOD DONATION CAMP

@ Vyasa vidhyalaya, Puzhudhivakkam



DEPARTMENT OF PATHOLOGY BLOOD DONATION CAMP

@ Tagore engineering college

Vengambakkam, Tamil Nadu, India

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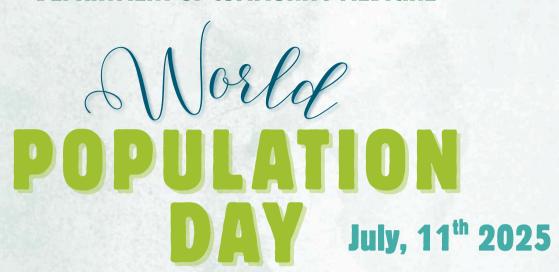


17-09-2025

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DEPARTMENT OF COMMUNITY MEDICINE







On the occasion of the world population day the department of community planned for an awareness event for the nursing students under the guidance of Dr.Suvathy.

Dr.Fathima and Dr.Sheela gave a wonderful speech for the world population day for the theme - "Empowering young people to create the families they want in a fair and hopeful world ". The CRMIs performed an awareness skit.







DEPARTMENT OF COMMUNITY MEDICINE NUTRITION WEEK AWARENESS PROGRAM

08.09.2025



NUTRITION WEEK AWARENESS PROGRAM was conducted at ST.PETER BENTACUR SCHOOL ,KELAMBAKKAM.

Facilitator - Dr. SHYAMALA (MEDICAL OFFICER (SR), RHTC)
RHTC Staff: MRS.UMA(FW).MRS.PADMAVATHY(FW)

CRMIs: DR.MONIKA.DR.MADHUMITHA.R.DR.LAKSHMIPRIYA.

DR.LAVANYA.TNR

DEPARTMENT OF COMMUNITY MEDICINE <u>HEALTH CAMPS</u>



DEPARTMENT OF COMMUNITY MEDICINE <u>HEALTH CAMPS</u>



DEPARTMENT OF COMMUNITY MEDICINE <u>HEALTH CAMPS</u>



DEPARTMENT OF COMMUNITY MEDICINE FIELD VISITS



DEPARTMENT OF COMMUNITY MEDICINE <u>HEALTH EDUCATION</u>



DEPARTMENT OF ENT

Health camp



An ENT health camp was organized on 19th July 2025 at Nellikupam from 9:00 AM to 3:00 PM as part of a general health initiative, with participation from the Department of ENT, Tagore Medical College and Hospital. The camp was attended by Dr. Achutha Lakshmi, Postgraduate in ENT, who screened the general population for ENT-related issues. A total of 11 patients presented with ENT complaints and were referred to Tagore Medical College and Hospital for further evaluation and management. The camp aimed to provide early detection and access to specialized ENT care for the local community

DEPARTMENT OF ENT Health camp



An ENT health camp was conducted as part of a general health initiative at Padappai on 27th July 2025, from 9:00 AM to 2:00 PM, by the Department of ENT, Tagore Medical College and Hospital. Dr. Achutha Lakshmi, Postgraduate in ENT, attended the camp and provided consultations for individuals presenting with ENT-related complaints. A total of 7 patients reported symptoms such as ear pain, throat discomfort, and nasal congestion. These patients were given preliminary evaluations and appropriate medical advice, with referrals made to Tagore Medical College and Hospital for further management where necessary. The camp served as an important step in providing accessible ENT care and raising awareness about common ENT conditions in the community.

DEPARTMENT OF ENT

Health camp



An ENT health camp was conducted by the Department of ENT, Tagore Medical College and Hospital, on 2nd August 2025 at Injambakkam, ECR, starting at 8:30 AM. The camp was led by Dr. Veeraraman, Senior Resident, and aimed at screening the general population for ENT-related issues.

A total of 22 patients were evaluated for various ENT complaints, and 5 of them were referred to Tagore Medical College and Hospital for further assessment and management. The camp played a vital role in early identification of ENT conditions and facilitating access to specialized care.

DEPARTMENT OF ENT Health camp



An ENT health camp was conducted on 6th August 2025 from 8:30 AM to 2:00 PM at ESI Hospital by the Department of ENT, Tagore Medical College and Hospital, under the supervision of Dr. Aishwarya, Senior Resident.

A total of 147 patients with ENT-related complaints were screened during the camp. Patients requiring further evaluation or specialized treatment were referred to Tagore Medical College and Hospital for continued management, ensuring timely care and intervention for various ENT conditions.

21.08.2025

DEPARTMENT OF ENT

Important day celebration on World senior citizen day



On the occasion of World Senior Citizen Day, a special program was organized on 21st August 2025 at 10:00 AM by the Department of General Medicine, with the participation of the ENT Department from Tagore Medical College and Hospital. Dr. Veeraraman, Senior Resident, delivered an awareness talk focusing on common ENT problems in the geriatric population, highlighting the importance of early detection and management of age-related hearing loss and other ENT issues. As part of the event, hearing aids were distributed to eligible patients under the Rashtriya Vayoshri Yojana (RVY), promoting improved quality of life and accessibility to assistive devices for senior citizens.

DEPARTMENT OF ENT

School Camp





An ENT screening camp was conducted at Vyasa Matriculation School on 31st August 2025 from 9:00 AM to 3:00 PM by the Department of ENT, Tagore Medical College and Hospital, under the supervision of Dr. Oviya, Senior Resident. A total of 32 students were screened for hearing issues and other ENT-related conditions. Among them,

12 students were identified with conditions requiring further evaluation and were referred to Tagore Medical College and Hospital for ear cleaning and hearing assessment, ensuring timely intervention and appropriate care.

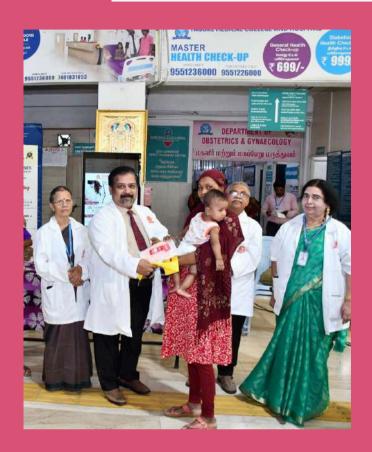
DEPARTMENT OF ENT 27TH TN AOI STATE CONFERENCE-PAPER PRESENTATION





Dr. Aditya G., Postgraduate in ENT, presented a paper titled "Intradermal Nevus of External Auditory Canal Mimicking a Wart – A Rare Case Report" at the 27th Tamil Nadu AOI State Conference held on 23rd August 2025 at 11:00 AM. The event was attended by all postgraduate students and teaching faculty, providing a platform for academic exchange and showcasing rare clinical cases. Dr. Aditya's presentation highlighted a unique and uncommon diagnosis within ENT practice, contributing to enhanced clinical awareness and discussion among peers and experts.

DEPARTMENT OF PEDIATRICS WORLD BREASTFEEDING PROGRAMME

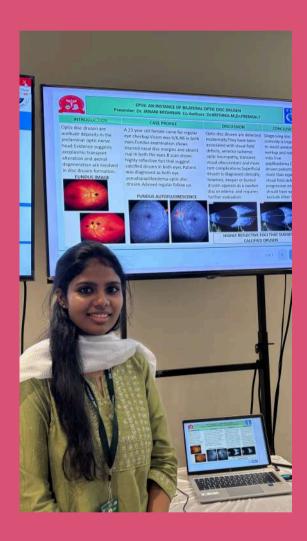


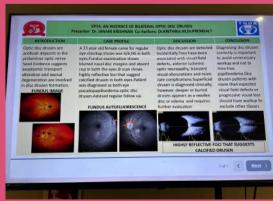


The World Breastfeeding Programme was celebrated on August 1, 2025, with active participation from Phase III and IV MBBS students, CRMI, postgraduate students, and faculty members, under the leadership of Dr. G. Muralidhar, Head of the Department of Pediatrics. The inauguration included speeches by Dean Prof. Dr. Muthukumar J. on the importance of breastfeeding, Prof. Dr. Ravichandran T. on supporting breastfeeding, and Dr. Judy Veronica J. on its advantages and proper latching techniques. Nursing students performed a skit, and gifts such as dresses, toys, and baby kits were distributed to 100 exclusively breastfed babies. Postgraduates and CRMIs conducted talks and skits at the Chromepet Urban Health Center, reaching 50 beneficiaries, promoting breastfeeding awareness and dispelling myths. Additionally, quiz programs were held for undergraduates and nurses, essay writing competitions for postgraduates, and poster competitions for nursing students, UGs, PGs, and CRMIs in the antenatal ward, benefiting a total of 210 participants and fostering community education on breastfeeding.

Poster Presentation

Dr. K. Janani, a third-year postgraduate in Ophthalmology, presented a poster titled "An Instance of Optic Disc Drusen" at the Tamil **Nadu Ophthalmic Association** conference held in Pondicherry from August 1 to 3, 2025. This state-level conference attracted participation from ophthalmologists and postgraduate students across various states. The poster focused on the critical importance of differentiating true papilledema from pseudopapilledema, emphasizing accurate diagnosis and appropriate management to prevent unnecessary interventions, Dr. Janani's presentation contributed valuable insights into recognizing optic disc drusen, enhancing clinical understanding among attendees.





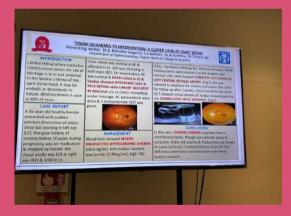
Poster Presentation

on

From Ischemia to intervention: A closer look at CRAO

Kondru Roshitha Gagarin, a second-year postgraduate in Ophthalmology, presented a poster titled "From Ischemia to Intervention: A Closer Look at CRAO" at the CHERRYCON **TNOA** Conference on August 1. 2025. The poster detailed a case of Central Retinal Artery Occlusion (CRAO) in a 35-yearold female with no known comorbidities, who presented with sudden, painless vision loss in her left eye 18 hours after symptom onset. Clinical findings included a visual acuity of 1/60 in the affected eye, a relative afferent pupillary defect (RAPD), and fundus changes showing a pale retina with a cherry red spot. Investigations revealed iron deficiency anemia and Doppler imaging confirmed total occlusion of the left central retinal artery.





Despite timely intervention, the visual prognosis remained poor. The case emphasized the importance of prompt recognition, aggressive management, and systemic evaluation in CRAO to address potential underlying causes and improve outcomes.

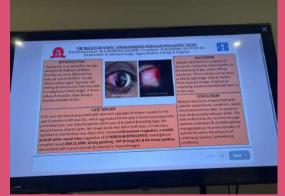
Poster Presentation

on

<u>The Red Eye Mystery: Understanding Nodular</u> <u>Episcleritis</u>

Kondru Roshitha Gagarin, a second-year postgraduate in Ophthalmology, presented a poster titled "The Red Eye Mystery: Understanding Nodular Episcleritis" at the **CHERRYCON TNOA Conference** on August 2, 2025, at 11:10 AM. The case involved a 42-year-old female with recurrent redness in her left eye over six months, with worsening symptoms in the past month. Clinical investigations revealed elevated CRP (8.5 mg/dL) and a strongly positive ANA (1:1000), leading to the diagnosis of nodular episcleritis with possible systemic autoimmune involvement. The patient responded well to treatment with topical steroids.





This case highlights the importance of recognizing nodular episcleritis as not just a benign ocular condition but also a potential indicator of underlying systemic inflammation, emphasizing the need for comprehensive evaluation and multidisciplinary care.

Paper Presentation

on

From stiffness to sight: A case aeries on Rheumatoid arthritis and eye

Kondru Roshitha Gagarin, a second-year postgraduate in Ophthalmology, presented a paper titled "From Stiffness to Sight: A Case Series on Rheumatoid Arthritis and Eye" at the CHERRYCON TNOA Conference on August 3, 2025, at 8:30 AM. The presentation focused on eight patients with rheumatoid arthritis (RA). highlighting the ocular manifestations of this chronic autoimmune disorder. Dry eyes emerged as the most common symptom, with other findings including episcleritis, scleromalacia, posterior scleritis, peripheral ulcerative keratitis (PUK), steroid-induced cataract, and hydroxychloroquine-induced maculopathy.

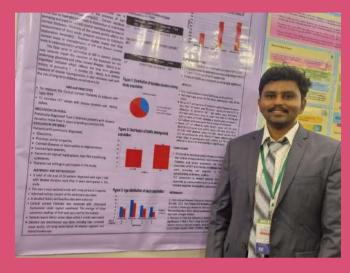




The case series, comprising seven females and one male, underscored the critical need for regular ophthalmic evaluations in RA patients to enable early diagnosis and management of ocular complications, thereby enhancing patient outcomes and quality of life.

Poster Presentation

Dr. Ragul V.R., a second-year postgraduate in Ophthalmology, presented a poster at the International Diabetic Update 2025 organized by Dr. Mohan's Diabetes Centre, held annually at The Grand Chola in Chennai. This international conference provides the latest updates on diabetes mellitus. Dr. Ragul's poster, titled "Central Corneal Thickness: Its Correlation with Duration and HbA1c Level in Type 2 Diabetes Mellitus," was selected for presentation, highlighting the relationship between corneal thickness and diabetic control, emphasizing the significance of ophthalmic evaluation in managing patients with type 2 diabetes.





GUEST LECTURE

Hands on Workshop in molecular docking

14/07/2025







The program was inaugurated on 14.07.2025 at 10.30 AM after addressing the chief patrons and patrons. The dignitaries on the stage were Dr. K. Punnagai, Organizing Chairperson, Professor and Head, Pharmacology department and Dr. Glory Josephine, Organizing secretary, Professor, Pharmacology department.

Welcome address was delivered by Dr. Banu Rekha, 1st year post graduate, Department of Pharmacology followed by introduction of the speaker Mr. Raman Yadav, from Sri Ramachandra Medical college and Research institute. Organizing Chairperson, Dr. K. Punnagai mentioned about the program schedule, briefly.

The speaker discussed in detail about the various steps involved in molecular docking like extraction of phytochemicals from natural sources, followed by identification, semi quantification to computational analysis. Followed by tea break he proceeded with the practical training session, where steps involved in molecular docking was explained detailly using software like SwissADME, ProTox, PASSonline, AutoDock. He concluded by explaining the evolving applications and advantages of molecular docking, in clinical trial.

5th National Pharmacovigilance Week Celebration
2025

17TH TO 23RD SEPTEMBER 2025



The Department of Pharmacology, Tagore Medical College & Hospital, organized the 5th National Pharmacovigilance Week 2025 with the theme "Your safety, Just a Click Away: Report to PvPI", from 17th to 23rd September 2025, in line with the initiative of the Pharmacovigilance Programme of India (PvPI). The celebrations aimed to promote awareness of the safe use of medicine, strengthen the culture of reporting adverse drug reactions (ADRs), and encourage active participation from healthcare professionals, students, and patients.

5th National Pharmacovigilance Week Celebration 2025

DAY-1:17.9.2025





The program started on Day -1 (17th September 2025 – Wednesday) at Rural Health Center, attached to Tagore Medical College at Kelambakkam. On that day, our Postgraduate students, Faculties and HOD distributed information leaflets and interacted with the public reiterating the importance of Pharmacovigilance and promoted the awareness regarding the safe use of medicine, reporting ADRs (Adverse Drug Reaction) and encouraged active participation of healthcare professionals, students and patients.

DAY-2:18.9.2025





On the next day, 2 (Thursday, 18th September 2025), an awareness rally and Program were conducted at Tambaram in collaboration with the Urban Health Centre. Students distributed information leaflets and interacted with the public regarding the importance of ADR reporting.

5th National Pharmacovigilance Week Celebration 2025

DAY-3: 19.9.2025





On Day 3 (Friday, 19th September 2025), organized student activities of a Quiz Competition for all Undergraduate students (MBBS, Dental, Nursing & Pharmacy) to promote active learning of pharmacovigilance concepts among undergraduate students & encourage awareness and reporting of adverse drug reactions (ADRs).

DAY-4:22.9.2025





On Day – 4 (Monday, 22_{nd} September 2025), the department organized an awareness program in the Tagore Hospital Lobby. Undergraduate students (Dental & Nursing) performed a roleplay and skit to sensitize patients, attendants and the public regarding the safe use of medicines, adverse drug reactions (ADRs), and the importance of ADR reporting.

DEPARTMENT OF PHARMACOLOGY

5th National Pharmacovigilance Week Celebration 2025

DAY-5: 23.9.2025





On day 5 (Tuesday, 23rd September 2025), the program was inaugurated by the Chief guest, Prof. Dr J. Muthukumaran, Dean and Prof. Dr D.H. Gopalan, Vice Principal at Lecture Hall I, College Block, Tagore Medical College & Hospital. Dr Devikala, Assistant Professor and Organising Secretary of the event, Department of Pharmacology, gave the welcome address. Opening remarks for the 5th NPW 2025 were given by the Dean and Vice Principal, followed by an orientation of the program. And the Chief guest, the Guest speaker and the HOD distributed the certificates, Medals for the Quiz winner and Roleplay winner students. And our organising secretary, Dr. Tabreez Ahamed, was given the Vote of Thanks. The program progressed with an introduction to the speaker, Dr. Kumarvel J MD, DM, Assistant Professor, CCTR & Department of Pharmacology, SRM Medical College Hospital and Research Centre, by Dr. Umayal, Assistant Professor, Department of Pharmacology.

The session on the topic "Focused Pharmacovigilance and Materiovigilance – A Hands-on Workshop" delivered an interactive session highlighting the importance of Pharmacovigilance, ADR reporting, and drug safety monitoring in clinical practice.

The guest speaker emphasized the role of healthcare professionals, students, and patients in strengthening pharmacovigilance. Participants actively engaged in case-based discussions and shared their experience related to ADRs.

Following a small tea break and snacks, feedback forms were collected from all the participants regarding the program. Our HOD, Dr. K Punnagai mam, felicitated our Guest Speaker with a momento as a token of gratitude. The Session came to an end with the National Anthem.

DEPARTMENT OF PATHOLOGY

Clinico-pathologic Conference - July 2025

on

UNDIFFERENTIATED SOFT TISSUE SARCOMA-LEFT THIGH

17,07,2025



The Department of Pathology organized a clinicopathological conference for all postgraduate students and teaching faculty in the MEU room, with the case discussion held on july 17,2025 at 2:00 PM, focused on Undifferentiated soft tissue sarcoma-Left thigh. The session was presided over by Dr.E.Muthuvel (Pathology HOD), Dr.Dinakaran (Surgery HOD), and Dr.Sangeetha (Pathology Professor), and attended by all pathology and surgical faculties along with postgraduate trainees. The presentors were Dr. M. Yogashivanjli, Ist Year Post Graduate - Dept of Pathology, Dr. A.L. Hari Krishna Ist Year postgraduate, Department of General Surgery. The in-depth discussion covered clinical presentation, histopathological findings-highlighting round cell. spindle-cell morphology of soft tissue sarcomas and immunohistochemical and molecular profiling essential for definitive diagnosis of various soft tissue sarcoma.

DEPARTMENT OF PATHOLOGY

<u>Clinico-pathologic Conference - August 2025</u> on

Well differentiated Squamous cell carcinoma- Left lower limb 21.08.2025



A clinicopathological conference was held on May 21, 2025 at 2:00 PM in the 2nd-floor lecture hall. The case, Well differentiated Squamous cell carcinoma- Left lower limb presented by Dr. Ezhil First Year Pathology Post Graduate, Dr. Bhuvana Rajan First Year surgery postgraduate, with participation from all pathology and surgical postgraduate students and teaching faculty; the session involved an indepth case discussion of its clinical presentation, histopathologic evaluation, and management options.

DEPARTMENT OF PATHOLOGY

<u>Clinico-pathologic Conference - September 2025</u> on INFILTRATING DUCTAL CARCINOMA -NOS.BREAST

18.09.2025



Clinicopathological Conference was held in MEU room at 2pm on 18/09/25. Case discussed was Invasive ductal carcinoma – Left breast. Dr E Muthuval (pathology HOD), Dr Dinakaran (surgery HOD), along with all pathology, surgery and other clinical department faculties with post graduates attended the conference. In depth discussion of the case clinical presentation, surgical intervention, histopathological findings, management strategies and followup by both department HODs.



PUBLICATIONS

RESEARCH PUBLICATIONS



DR. ANKITH CHACKO

Comparative Study of 0.5% Bupivacaine versus 0.5% Ropivacaine in Supraclavicular Brachial Plexus Block: An Observational Study

International Journal of Environmental Sciences

Functional Outcomes of Tension Band Wiring for Transverse Patella Fractures: A Prospective Study of 30 Cases

International Journal of Medicine and Public Health

Functional Outcomes of Acromioclavicular Joint Disruptions Managed with Hook Plate Fixation: A Prospective Clinical Study

International Journal of Medicine and Public Health

DEPARTMENT OF PAEDIATRICS

DR. RAMYA RAJENDRAN

Artificial Intelligence Assisted Early
Diagnosis of Autism Spectrum
Disorder- A Systematic Review
International Journal of Medicine
and Public Health,

RESEARCH PUBLICATIONS



DEPARTMENT OF BIOCHEMISTRY

DR. SHENBAGA LALITHA

Involvement of the mouth and jaw area in dermatological diseases

GMS Hygiene and Infection Control

DR. DIVYA SRI LOKARANJAN

Association of oral pathology, oral microbiology, and oral oncology

GMS Hygiene and Infection Control

DR. SUNDARAM

Green synthesis of silver nanoparticles
from Muntingia calabura fruits extract and
its anticancer, cytotoxic, antioxidant,
antibacterial and photocatalytic activity
Chemistry of Inorganic Materials

DEPARTMENT OF PHARMACOLOGY

DR. ARJUN

Rodenticide Poisoning: A Case Series of
Deliberate Self-harm Admitted to a
Tertiary Health Care Hospital in Northern

Karnataka

Journal of Indian Academy of Forensic

Medicine

DEPARTMENT OF VENEREOLOGY AND DERMATOLOGY

DR. SIVAKUMAR SIVASUBRAMANIAM

Concomitant Recurrent Genital Herpes and Genital
Warts in a Young Male with Insulin-Dependent
Diabetes Mellitus: A Case Analysis & Treatment
Approach

International Journal of Pharmaceutical
Sciences and Research
43



CELEBRATIONS

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INDEPENDENCE DAY CELEBRATION









INDEPENDENCE DAY CELEBRATION

Tagore Medical College marked
India's 79th Independence Day on
August 15th with a solemn and
spirited celebration. The event, held
under the direct guidance of the
Management, brought together the
entire institutional community to
honor the nation's freedom and its
founding principles.

The college premises were adorned with the tricolor, setting a patriotic atmosphere. The flag-hoisting ceremony was presided over by the Dean and Vice Principal, followed by inspiring addresses that highlighted the importance of service, unity, and national development.

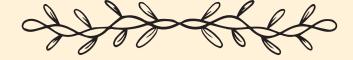
Participation was enthusiastic, with various Department Heads leading their respective teams. The ceremony saw the active involvement of nursing students and staffs, as well as the non-teaching staffs, all standing together to reaffirm their commitment to a progressive India.

The celebration fostered a deep sense of patriotism and collective responsibility among everyone present.









NATIONAL SPORTS DAY AUGUST 29, 2025







NATIONAL SPORTS DAY AUGUST 29, 2025







NATIONAL SPORTS DAY AUGUST 29, 2025

Tagore Medical College enthusiastically celebrated National Sports Day on August 29, 2025, honoring the birth anniversary of hockey legend Major Dhyan Chand. The vibrant event was meticulously organized by the Department of Physical Education under the dedicated guidance of the Management. The celebration aimed to promote physical fitness and team spirit across the college community. A highlight of the day was the dedicated games session for the non-teaching staff, who participated with great zeal in various fun and competitive events conducted by the Physical Education team. The day concluded with a prize distribution ceremony, where the Dean, Vice Principal, and the Medical Superintendent awarded the winners, recognizing their efforts and commitment. The successful event fostered camaraderie and reinforced the importance of sports and a healthy lifestyle among all members of the institution.



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STUDENT CBUNCIL AND CLUB

The selection for the Student Council and Club Members began on September 16, 2025.

Ms. Rakshana, CEO and Trustee, spearheaded an innovative interview process with 100 students, resulting in the appointment of 26 Student Council members and 61 Club Members.







STUDENT COUNCIL BADGE CEREMONY



The Badge Ceremony followed on September 25, 2025. It was a grand event attended by Prof. Dr. M. Mala (Chairperson), Mr. Manikandan (Secretary), and Ms. Rakshana (Trustee). After initial formalities and inspiring speeches, the newly appointed Council and Club members were formally honored with badges. All members then took a pledge to serve with integrity and commitment. The programme, which concluded with a Vote of Thanks by the Medical Superintendent, Dr. Habeeb Mohammed, the National Anthem, and group photographs, proudly celebrated leadership and student excellence.









































































TAGORE EDUCATIONAL TRUST

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Tagore Dental College & Hospital	Rathinamangalam
Tagore Engineering College	Rathinamangalam
Jerusalem College of Engineering	Pallikaranai
Tagore Arts and Science College	Chromepet
Tagore College of Nursing	Rathinamangalam
Tagore College of Pharmacy	Rathinamangalam
Tagore College of Allied Health Sciences	Rathinamangalam
Tagore College of Physiotherapy	Rathinamangalam
Hilton Matric Hr. Sec. School Hilton	Chromepet
Teacher Training Institute	Chromepet



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PATRONS



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Tagore Educational Trust,
V.H.P., All India Trustee

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DLO, M.S., M.Ch.
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